



## Common Qualities and Values

Abundance	Discipline	Humor	Reverence
Acceptance	Effort	Impartiality	Right Action
Accountability	Empathy	Integrity	Right Aspiration
Allegiance	Enthusiasm	Joy	Right Intention
Altruism	Ethical	Justice	Right Livelihood
Appreciation	Equanimity	Kindness	Right Speech
Authenticity	Etiquette	Knowledge	Self-awareness
Beauty	Fairness	Love	Self-control
Benevolence	Faith	Loving-Kindness	Sensitivity
Caring	Fidelity	Loyalty	Serenity
Celebration	Flexibility	Mercy	Service
Citizenship	Forbearance	Mindfulness	Sharing
Cleanliness	Foresight	Moderation	Sincerity
Commitment	Fortitude	Morality	Spirituality
Compassion	Friendliness	Non-Violence	Strength
Concentration	Frugality	Patience	Tactful
Contemplation	Fulfillment	Peace	Temperance
Conscientious	Generosity	Perseverance	Tenacity
Considerate	Gentleness	Protection	Tolerance
Contentment	Goodness	Reason	Trustworthy
Contribution	Gratitude	Receptivity	Truth
Courtesy	Happiness	Reciprocity	Understanding
Creativity	Harmony	Reliable	Unity
Dependable	Helpful	Renunciation	Universality
Determination	Honesty	Repentance	Virtue
Dignity	Honor	Respect	Wholesome
Diligence	Hospitality	Responsibility	Wisdom
Discernment	Humility	Restraint	